



# DON BOSCO SENIOR SECONDARY SCHOOL, NERUL

## SPORTS ORIENTATION PROGRAM



Dear Parents,

Don Bosco Senior Secondary School, Nerul is organizing **Sports Orientation Programme** for our school students in various sports discipline.

The programme will be held on 6th and 20th January 2024.

Timing - 8:00 am to 10:00 am.

Kindly Note- The reporting time for the event is 7:30 am. and the closing time is scheduled for 9:45 am.

Sr No	Date	Timing	Event	Group	Venue	Tr. In charge	Expert
1.	06.01.2024	8.00am to 10.00am	Football	U-8/10 Boys & Girls	Ground	Sir Anish/Raju/ Rajput	Ms. Afreen (Jr. INDIA) Prisha viral, Anshi Khanna
			Volleyball	All age Group Boys and Girls	Volleyball Court	Sir Titus / Mahesh	Vanmali sir
			Handball	10/12/14/16 Boys & Girls	Handball court	Tr. Mansi Parab Tr. Deepali	Charudutta Sir (Mumbai Police)
2.	20.01.2024	8.00 am to 10.00am	Hockey	10/12/14/16 Boys & Girls	Hockey Turf	Sir Navin/	National Player
			Cricket	All age group	Main Ground	Sir. Swapnil/ Suresh	Ranaji Player
			Carrom	10/12/14/16 Boys & Girls	4th Floor Game Zone	Sir Titus Tr. Jyotsna	
			Table Tennis				

### SCHEDULE -

REPORTING TIME – 7:30 AM

8.00 AM- INTRODUCTION

8.15 TO 8.30 AM – WARMING UP

8.30 TO 9.00 AM – DRILLS & SKILLS

9.00 TO 9.45 AM – MATCH SKILLS

9.45 AM – CLOSING

10.00 AM – DISPERSAL

### VENUE -

1. FOOTBALL – MAIN GROUND

2. HANDBALL – HANDBALL COURT

3. HOCKEY – HOCKEY TURF COURT

4. VOLLEYBALL – VOLLEYBALL COURT

5. CRICKET - MAIN GROUND

6. CARROM & T.T – 4<sup>TH</sup> FLOOR GAME ZONE